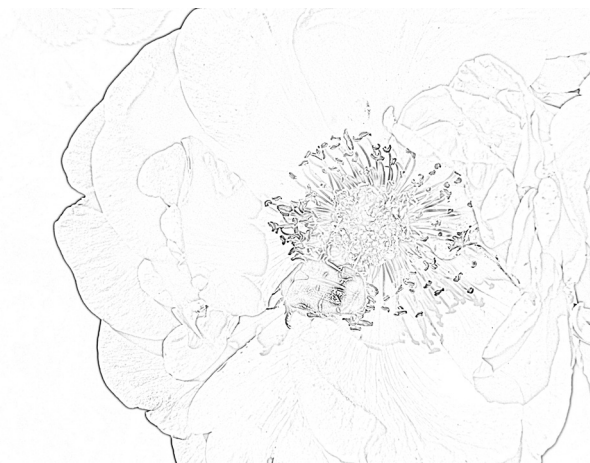


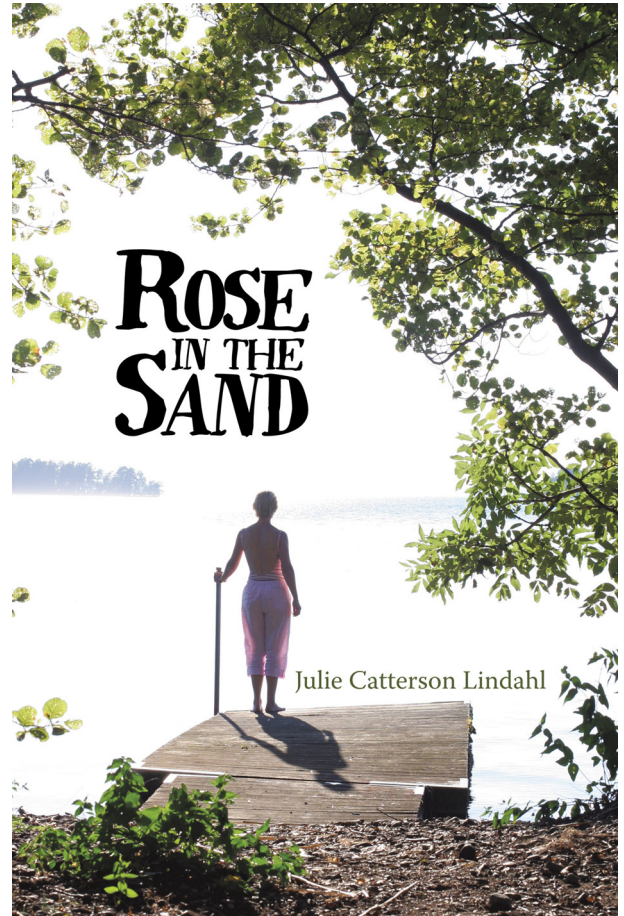
Press Release for “Rose in the Sand” by Julie Catterson Lindahl

Each of us has dreams that we inherit. The work of life is discovering our own. Author Julie Catterson Lindahl reflects on an unexpected decade spent raising her young family on a small, isolated island in the North and the dream she found there. Through her story of breaking with a corporate career and a cosmopolitan life, an inherited dream, and pursuing an existence in the often harsh Nordic wilderness, Lindahl captures the very essence of the greatest personal challenge that each of us meets: to discover that there is no blueprint for living and that the great work of life is to grow your own rose out of the sand.

Using the eight seasons of the indigenous people of the North as her guide, the author takes us on an intimate personal journey in which she sees the world and herself anew through the fine detail of her extraordinary environment. For anyone who has ever felt trapped by preconceptions about themselves, Lindahl opens the door.



Read more about Julie Lindahl at
www.julielindahl.com



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